

Risk Assessment for “Café in a Box” sessions



Assessment completed by:

Essential Contacts:

Organisation Contact:

Date:

Details of activity: girls will join a Zoom meeting with _____, and during attendance will prepare food (from ingredients delivered to their homes/accommodation), eat and discuss various topics.

This will be run both with individual girls in separate homes (I will use blue font when detailing risks for this activity), and small groups of girls who live together in a residential setting (I will use purple font when detailing risk for this activity).

Number of adults: one Vibe worker, one support worker when in residential space

Number of young people: Maximum of 6 per session

Location: virtual meeting, activities happening simultaneously at _____'s home and homes of YP.

Risk	Severity	Preventative measures	In the event of
<p>Injuries associated with preparing hot food</p> <ul style="list-style-type: none"> - Cutting - Scalding 	<p>Medium</p>	<p>These risks are outlined in the consent form sent to girls (and parents if under 16).</p> <ul style="list-style-type: none"> - In the case of cutting, risk has been minimised by only including one soft ingredient in the pack which requires cutting, and this can be done with a dinner knife. I will remind girls to do this on a steady surface and keep fingers out of the way of the blade at the time. - When the pizza is ready, I will instruct the girls to wait before 	<p>I will not be there to assist in case of injury, but before we start I will make sure there are plasters in the house, and cold running water.</p> <p>There will be an adult supervising the session who can ensure injuries are treated if they occur. I will also send out the health & safety checklist for the person supervising to complete, so I will be satisfied beforehand that they have a first aid box, cold running water etc.</p>

		removing it from the microwave, and to carry it carefully by the handle.	
<p>Risk posed by the environment</p> <ul style="list-style-type: none"> - Gas oven - Sharp knives - Contaminated surfaces - Trips 	Medium/High	<p>I will post a checklist on social media prior to the event, on how to make sure your cooking environment is safe before you start (put away any sharp knives, make sure gas hobs are turned off, clean surfaces and clear area), and then when we join the activity I will ensure the points have been ticked off by the girls.</p> <p>As a trained First Aider, I am able to advise on how to treat different injuries should they occur.</p>	<p>If there is an injury caused by something in the environment, the girl will need to get help from someone in the house with her (the help will depend on the severity of the injury).</p> <p>If there is no one at home with the girl, they will need to take steps to help themselves. As a first aider, I can advise on this.</p> <p>If an ambulance needs to be called, ideally they should do it, but if they cannot, I will.</p> <p>There will be a member of staff onsite and trained first-aiders</p>

		<p>I will send out a health & safety checklist to the organisations we're working with, and they will have their own risk assessments showing how the area is made safe for young people, which we will request a copy of.</p>	<p>(this is on the health & safety checklist), who will be able to deal with any injury caused by environmental factors.</p>
<p>Risks posed by eating:</p> <ul style="list-style-type: none"> - Poisoning - Choking - Allergic reactions 	<p>Medium</p>	<p>All food will be fresh, and within use-by-date. It will be stored appropriately, and things that the girls need to transfer to their own fridge will be clearly labelled/explained</p> <p>I will not attempt to begin discussions while girls are eating their pizza, so they can focus on chewing. There is no tough, sinewy food which</p>	<p>Any food poisoning will only become apparent after the meeting, so I will not be available. Talk to the girls about what they should do if they're feeling poorly more generally, and what can help.</p> <p>If partial choking occurs, get the girl to cough. If they cannot, call an ambulance. Shout to try and alert someone</p>

		<p>could prove difficult to swallow.</p> <p>Girls (and organisations) will be sent a dietary requirements form to fill out prior to taking part in the activity, where there is space to include any allergies or intolerances.</p>	<p>in the girl's home, so they can administer back pats/abdominal thrusts, and call phone once ambulance is called.</p> <p>If an allergic reaction occurs, and this is the first time it has happened, call an ambulance. If the girl forgot to mention a common allergic reaction and they know how they will respond, monitor the situation.</p> <p>A member of staff will be on hand to provide first aid should it be required.</p>
<p>Risk associated with covid-19</p> <ul style="list-style-type: none"> - Infection through contaminated surfaces 	<p>Medium/low</p>	<p>After purchase, all packaging and food items will be wiped down with disinfectant wipes. The packaging and food items will then only be</p>	<p>Any infections will only become clear days after the session. Covid will definitely come up as a topic of discussion, so I will use that opportunity to talk about what people need to do</p>

<ul style="list-style-type: none"> - Infection through airborne transmission 		<p>handled with meticulously clean hands or clean gloves. On the health and safety checklist there is a question about covid-19 risk minimisation.</p> <p>When the food is delivered I will not have unnecessary contact with the person I am delivering to – I will arrange a time to leave the food in a safe place/ not go inside the building .</p>	<p>if they get symptoms, and how risk can be minimised through hygiene and social distancing.</p>
<p>Interpersonal risk</p> <ul style="list-style-type: none"> - New relationships formed with the potential to be abusive in various ways - Bullying or abuse within the session itself 	<p>Medium/high</p>	<p>If girls are known to colleagues I will take advice from them on their suitability/vulnerability.</p> <p>I will have a chat with all girls that are participating before the event, so I can personally gauge their suitability.</p>	<p>Depending on the severity, if girls are unkind/abusive/communicating inappropriately with other girls, they will either be given one warning to stop and then ejected from the group, or they will be ejected straight away.</p>

		<p>If there are girls who are very shy, I will buddy them up with someone before the event.</p> <p>We will talk about respect and kindness at the start of the session.</p>	<p>This will then be followed up with them in a structured way.</p> <p>Girls will be encouraged to stay involved with the Vibe project, and this means hopefully friendships will be monitored to an extent, and if there are concerns then the usual safeguarding channels will be taken.</p>
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Copies of this risk assessment to be given and retained by staff and organisation contact as well as a copy being filed.

