



Sexual

Emotional /
psychological

Physical

Financial

Punching	Rape (forced penetration)	Humiliating in public	Controlling all finances
Strangling	Forcing sex with others	Name-calling	Sabotaging someone's job or ability to work
Head butting	Filming sex without consent	Blaming the other person for abuse	Making someone beg for money
Breaking bones	Making someone watch pornography	Constant criticism	Setting up loans in someone's name
Biting	Unwanted fondling	Gas lighting	Stealing from someone – money or possessions

